



PREPPE KITCHEN

Corporate & Private Catering

Private Chef Services

Meal-Prep Subscriptions

Nutritional Therapy Consultations



707.580.9678



This week's menu: **Family Style** serves **4-6 people**

ITEM #	ENTREE	QUANTITY	PRICE	TOTAL
1	TURKEY BURGERS <i>organic turkey burgers seasoned w/ rosemary, served w/ buns, sliced cheese, burger fixings & condiments; farmer's market green salad & chips</i> // Veg Op: Veggie Burgers		\$39.95/ 4-6 servings	
2	GARLIC-GINGER PORK STIR FRY <i>tender pork loin stir fried w/ garlic, ginger, chili, tamari & sesame served w/ sesame-ginger wheat noodles & wok fried seasonal vegetables</i> //Veg Op: Tofu		\$39.95/ 4-6 servings	
3	PAN FRIED CHICKEN & MASHED POTATOES <i>bined chicken lightly tossed in seasoned flour & pan fried, served w/ PK mashed potatoes, chicken gravy, & summer corn succotash</i> // Veg Op: Veggie Meatballs w/ Mushroom Gravy		\$39.95/ 4-6 servings	
4	RED CHILI BEEF BURRITO BOWLS <i>build-your-own burrito bowls: mexican spiced beef, cilantro rice, black beans, spice roasted veggies, corn salsa, grated cheese & PK chipotle crema</i> // Veg Op: Black Beans		\$39.95/ 4-6 servings	
MP	<i>please fill out the order form below for meal prep counts and add the total number of units here:</i>		\$13.95/ each	
TOTAL	add \$8 delivery fee to total	1	+\$8.00	

Place Order by: 06/14/20

Delivery Date: 06/17/20

Delivery Window: 2-4 p

// Indicate in "Notes" how many vegetarian options are needed (ex: 2 veg each or all veg)

PREPPE Kitchen
c o m m i s s a r y :
301 c. Main St.
Suisun City, CA 94585
o f f i c e :
417 Mace Blvd. ste. J 210
Davis, CA 95618
preppedkitchen.com
preppedkitchen@gmail.com
ig: @preppedkitchen
fb: /preppedkitchen

Delivery Location: _____

Contact Info: _____

Notes: _____

****Please have all orders adhere to a \$120.00/minimum**



PREPPED KITCHEN

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NEW!!

Now offering our individual meal prep
 for lunches & dinners!

Individually packaged servings for one.





Available in Vegetarian or Traditional options.

Perfect for taking to work, & convenient for a quick lunch or dinner at home.

All meals are fully prepared and delivered chilled w/ heating instructions and ingredient lists.

If ordering **ONLY** Meal Prep please meet a 10 meal minimum. If ordering in addition to our Family Style Dinner Delivery no minimum required.

This week's menu: **Meal Prep**

ITEM #	ENTREE	QUANTITY	PRICE	TOTAL
 1	TURKEY BURGERS <i>organic turkey burgers seasoned w/ rosemary, served w/ buns, sliced cheese, burger fixings & condiments; farmer's market green salad & chips</i> // Veg Op: Veggie Burgers		\$13.95/ each	
 2	GARLIC-GINGER PORK STIR FRY <i>tender pork loin stir fried w/ garlic, ginger, chili, tamari & sesame served w/ sesame-ginger wheat noodles & wok fried seasonal vegetables</i> //Veg Op: Tofu		\$13.95/ each	
 3	PAN FRIED CHICKEN & MASHED POTATOES <i>bined chicken lightly tossed in seasoned flour & pan fried, served w/ PK mashed potatoes, chicken gravy, & summer corn succotash</i> // Veg Op: Veggie Meatballs w/ Mushroom Gravy		\$13.95/ each	
 4	RED CHILI BEEF BURRITO BOWL <i>mexican spiced beef, cilantro rice, black beans, spice roasted veggies, corn salsa, grated cheese & PK chipotle crema</i> // Veg Op: Black Beans		\$13.95/ each	
TOTAL	add this total in the MP line above			

****If ordering ONLY Meal Prep please meet a 10 meal minimum. If ordering in addition to our Family Style Dinner Delivery no minimum required.**