



PREPPE KITCHEN

Corporate & Private Catering

Private Chef Services

Meal-Prep Subscriptions

Nutritional Therapy Consultations



707.580.9678



This week's menu: **Family Style** serves **4-6 people**

ITEM #	ENTREE	QNTY	PRICE	TOTAL
1	CLASSIC BEEF LASAGNA hearty tomato-basil meat sauce, italian cheese blend & wheat noodles layered and baked; served w/ summer tomato & greens salad w/ balsamic vinaigrette, & sourdough garlic-cheese toasts // Veg Op: Veggie Lasagna Rolls		\$39.95/ 4-6 servings	
2	GRILLED MUSTARD & HERB PORK TENDERLOIN tender pork loin marinated in herbs & dijon; served w/ PK sweet potato salad & grilled vegetables w/ herb sauce //Veg Op: Grilled Tofu w/ Herb Sauce		\$39.95/ 4-6 servings	
3	THAI BASIL CHICKEN ground chicken sauteed w/ ginger, garlic, thai basil, chili, sesame, & rice vinegar, served w/ seasoned rice noodles & wok fried bok choy & vegetables // Veg Op: Thai Basil Mushrooms		\$39.95/ 4-6 servings	
4	BBQ SAUSAGES W/ PEPPERONATA grilled large sausages in a smoky roasted pepper & caramelized onion sauce; served w/ salted lime turmeric rice & summer squash // Veg Op: Veggie Sausages		\$39.95/ 4-6 servings	
MP	please fill out the order form below for meal prep counts and add the total number of units here:		\$13.95/ each	
TOTAL	add \$8 delivery fee to total	1	+\$8.00	

Place Order by: 06/28/20

Delivery Date: 07/01/20

Delivery Window: 2-4 p

// Indicate in "Notes" how many vegetarian options are needed (ex: 2 veg each or all veg)

PREPPE Kitchen
c o m m i s s a r y :
301 c. Main St.
Suisun City, CA 94585
o f f i c e :
417 Mace Blvd. ste. J 210
Davis, CA 95618
preppedkitchen.com
preppedkitchen@gmail.com
ig: @preppedkitchen
fb: /preppedkitchen

Delivery Location: _____

Contact Info: _____

Notes: _____

****Please have all orders adhere to a \$120.00/minimum**



PREPPED KITCHEN

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NEW!!

Now offering our individual meal prep
 for lunches & dinners!

Individually packaged servings for one.

Available in Vegetarian or Traditional options.

Perfect for taking to work, & convenient for a quick lunch or dinner at home.

All meals are fully prepared and delivered chilled w/ heating instructions and ingredient lists.

If ordering **ONLY** Meal Prep please meet a 10 meal minimum. If ordering in addition to our Family Style Dinner Delivery no minimum required.

This week's menu: **Meal Prep**

ITEM #	ENTREE	QUANTITY	PRICE	TOTAL
1	CLASSIC BEEF LASAGNA <i>hearty tomato-basil meat sauce, italian cheese blend & wheat noodles layered and baked; served w/ summer tomato & greens salad w/ balsamic vinaigrette</i> <i>// Veg Op: Veggie Lasagna Rolls</i>		\$13.95/ each	
2	GRILLED MUSTARD & HERB PORK TENDERLOIN <i>tender pork loin marinated in herbs & dijon; served w/ PK sweet potato salad & grilled vegetables w/ herb sauce</i> <i>//Veg Op: Grilled Tofu w/ Herb Sauce</i>		\$13.95/ each	
3	THAI BASIL CHICKEN <i>ground chicken sauteed w/ ginger, garlic, thai basil, chili, sesame, & rice vinegar, served w/ seasoned rice noodles & wok fried bok choy & vegetables</i> <i>// Veg Op: Thai Basil Mushrooms</i>		\$13.95/ each	
4	BBQ SAUSAGES W/ PEPPERONATA <i>grilled large sausages in a smoky roasted pepper & caramelized onion sauce; served w/ salted lime turmeric rice & summer squash</i> <i>// Veg Op: Veggie Sausages</i>		\$13.95/ each	
TOTAL	add this total in the MP line above			

****If ordering ONLY Meal Prep please meet a 10 meal minimum. If ordering in addition to our Family Style Dinner Delivery no minimum required.**