



PREPPE KITCHEN

Corporate & Private Catering

Private Chef Services

Meal-Prep Subscriptions

Nutritional Therapy Consultations



707.580.9678



This week's menu: **Family Style** serves **4-6 people**

ITEM #	ENTREE	QNTY	PRICE	TOTAL
1	CLASSIC CHEESE BURGERS <i>handmade beef burgers, cheddar cheese, LTO, PK burger sauce, PK burgers buns; served w/ summer veggie pasta salad // Veg Op: Veggie Burgers</i>		\$39.95/ 4-6 servings	
2	GINGER CHICKEN & BROCCOLI STIR FRY <i>wok fried chicken, broccoli, carrot, onion in PK tamari-ginger sauce served over steamed rice w/ carrot ribbon & spinach salad //Veg Op: Ginger Tofu & Broccoli Stir Fry</i>		\$39.95/ 4-6 servings	
3	PESTO TURKEY MEATBALLS <i>PK turkey meatballs in summer herb pesto served w/ herb roasted potatoes & corn-summer squash-tomato sautee // Veg Op: Veggie Meatballs</i>		\$39.95/ 4-6 servings	
4	BROWNED BUTTER & WHITE WINE SHRIMP SCAMPI <i>prawns sauteed in browned butter w/ garlic, onion, herbs, lemon & white wine; served w/ roasted tomato linguine & farmer's market salad // Veg Op: Garlic White Beans</i>		\$39.95/ 4-6 servings	
MP	<i>please fill out the order form below for meal prep counts and add the total number of units here:</i>		\$13.95/ each	
TOTAL	add \$8 delivery fee to total	1	+\$8.00	

Place Order by: 08/03/20
by 9 am
Delivery Date: 08/05/20
Delivery Window: 2-4 p
// Indicate in "Notes" how many vegetarian options are needed (ex: 2 veg each or all veg)

PREPPE Kitchen
c o m m i s s a r y :
301 c. Main St.
Suisun City, CA 94585
o f f i c e :
417 Mace Blvd. ste. J 210
Davis, CA 95618
preppedkitchen.com
preppedkitchen@gmail.com
ig: @preppedkitchen
fb: /preppedkitchen

Delivery Location: _____

Contact Info: _____

Notes: _____

****Please have all orders adhere to a \$120.00/minimum**



PREPPED KITCHEN

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NEW!!

Now offering our individual meal prep
 for lunches & dinners!

Individually packaged servings for one.

Available in Vegetarian or Traditional options.

Perfect for taking to work, & convenient for a quick lunch or dinner at home.

All meals are fully prepared and delivered chilled w/ heating instructions and ingredient lists.

If ordering **ONLY** Meal Prep please meet a 10 meal minimum. If ordering in addition to our Family Style Dinner Delivery no minimum required.

This week's menu: **Meal Prep**

ITEM #	ENTREE	QUANTITY	PRICE	TOTAL
1	CLASSIC CHEESE BURGERS <i>handmade beef burgers, cheddar cheese, LTO, PK burger sauce, PK burgers buns; served w/ summer veggie pasta salad // Veg Op: Veggie Burgers</i>		\$13.95/ each	
2	GINGER CHICKEN & BROCCOLI STIR FRY <i>wok fried chicken, broccoli, carrot, onion in PK tamari-ginger sauce served over steamed rice w/ carrot ribbon & spinach salad //Veg Op: Ginger Tofu & Broccoli Stir Fry</i>		\$13.95/ each	
3	PESTO TURKEY MEATBALLS <i>PK turkey meatballs in summer herb pesto served w/ herb roasted potatoes & corn-summer squash-tomato sautee // Veg Op: Veggie Meatballs</i>		\$13.95/ each	
4	BROWND BUTTER & WHITE WINE SHRIMP SCAMPI <i>prawns sauteed in browned butter w/ garlic, onion, herbs, lemon & white wine; served w/ roasted tomato liguine & farmer's market salad // Veg Op: Garlic White Beans</i>		\$13.95/ each	
TOTAL	add this total in the MP line above			

****If ordering ONLY Meal Prep please meet a 10 meal minimum. If ordering in addition to our Family Style Dinner Delivery no minimum required.**