



PREPPED KITCHEN

Corporate & Private Catering
 Private Chef Services
 Meal-Prep Subscriptions
 Nutritional Therapy Consultations



707.580.9678



This week's menu: **Family Style** serves **4-6 people**

ITEM #	ENTREE	QNTY	PRICE	TOTAL
1	PK CURRY CHICKEN SALAD roasted & shredded chicken in a chilled curry dressing w/ celery, red onion, red pepper, cranberry, toasted pumpkin seeds, & herbs; served w/ mixed greens, tomato, shredded carrot & housemade scallion buns // Veg Op: Chickpea Curry Salad		\$39.95/ 4-6 servings	
2	BEEF ENCHILADAS RANCHERAS seasoned beef, onion, & peppers wrapped in corn tortillas w/ ranchera sauce, cheese, & cilantro; served w/ spanish rice & corn/summer squash/tomato salad //Veg Op: Black Bean Enchiladas		\$39.95/ 4-6 servings	
3	ROASTED HONEY-BALSAMIC PORK LOIN tender roasted pork loin in a honey-hosin-balsamic glaze w/ pineapple salsa, herb quinoa, & grilled asparagus // Veg Op: Honey-Balsamic Roasted Tofu		\$39.95/ 4-6 servings	
4	CLASSIC CHICKEN CACCIATORE slow braised chicken in tomato-basil sauce w/ peppers, onion, capers, & olives; served w/ herbed pasta & PK caesar salad // Veg Op: Braised Italian Beans		\$39.95/ 4-6 servings	
MP	please fill out the order form below for meal prep counts and add the total number of units here:		\$13.95/ each	
TOTAL	add \$8 delivery fee to total	1	+\$8.00	

Place Order by: 08/24/20
 by 9 am
 Delivery Date: 08/26/20
 Delivery Window: 2-4 p
 // Indicate in "Notes" how many vegetarian options are needed (ex: 2 veg each or all veg)

PREPPED Kitchen
 c o m m i s s a r y :
 301 c. Main St.
 Suisun City, CA 94585
 o f f i c e :
 417 Mace Blvd. ste. J 210
 Davis, CA 95618
 preppedkitchen.com
 preppedkitchen@gmail.com
 ig: @preppedkitchen
 fb: /preppedkitchen

Delivery Location: _____
 Contact Info: _____
 Notes: _____

****Please have all orders adhere to a \$120.00/minimum**



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NEW!!

Now offering our individual meal prep
 for lunches & dinners!

Individually packaged servings for one.

Available in Vegetarian or Traditional options.

Perfect for taking to work, & convenient for a quick lunch or dinner at home.

All meals are fully prepared and delivered chilled w/ heating instructions and ingredient lists.

If ordering **ONLY** Meal Prep please meet a 10 meal minimum. If ordering in addition to our Family Style Dinner Delivery no minimum required.

This week's menu: **Meal Prep**

ITEM #	ENTREE	QUANTITY	PRICE	TOTAL
 1	PK CURRY CHICKEN SALAD roasted & shredded chicken in a chilled curry dressing w/ celery, red onion, red pepper, cranberry, toasted pumpkin seeds, & herbs; served w/ mixed greens, tomato, cucumber, shredded carrot & housemade scallion buns // Veg Op: Chickpea Curry Salad		\$13.95/ each	
 2	BEEF ENCHILADAS RANCHERAS seasoned beef, onion, & peppers wrapped in corn tortillas w/ ranchera sauce, cheese, & cilantro; served w/ spanish rice & corn/summer squash/tomato salad //Veg Op: Black Bean Enchiladas		\$13.95/ each	
 3	ROASTED HONEY-BALSAMIC PORK LOIN tender roasted pork loin in a honey-hosin-balsamic glaze w/ pineapple salsa, herb quinoa, & grilled asparagus // Veg Op: Honey-Balsamic Roasted Tofu		\$13.95/ each	
 4	CLASSIC CHICKEN CACCIATORE slow braised chicken in tomato-basil sauce w/ peppers, onion, capers, & olives; served w/ herbed pasta & PK caesar salad // Veg Op: Braised Italian Beans		\$13.95/ each	
TOTAL	add this total in the MP line above			

****If ordering ONLY Meal Prep please meet a 10 meal minimum. If ordering in addition to our Family Style Dinner Delivery no minimum required.**