



PREPPED KITCHEN

Corporate & Private Catering
 Private Chef Services
 Meal-Prep Subscriptions
 Nutritional Therapy Consultations



707.580.9678



This week's menu: **Family Style** serves **4-6 people**

ITEM #	ENTREE	QNTY	PRICE	TOTAL
1	TACOS AMERICANOS seasoned beef, flour tortillas, cheddar cheese, lettuce, sour cream & fire roasted salsa; served w/ black bean salad //Veg Option: Potato & Poblano Tacos		\$39.95/ 4-6 servings	
2	THAI BASIL CHICKEN minced chicken stir fried w/ thai basil & vegetables; served w/ steamed rice & green papaya-spinach salad //Veg Option: Thai Basil Tofu		\$39.95/ 4-6 servings	
3	HERB ROASTED PORK LOIN roasted pork loin marinated in dijon, garlic, & herbs topped w/ melted onion & sauteed apples; served w/ roasted potatoes & grilled asparagus //Veg Option: No Veg Option		\$39.95/ 4-6 servings	
4	TOMATO-BASIL PASTA angel hair pasta tossed w/ a light fresh tomato & basil sauce; served w/ a farmer's market salad & rosemary focaccia		\$39.95/ 4-6 servings	
MP/B	Additional Meal Prep / Bakery			
TOTAL	add \$8 delivery fee to total	1	+\$8.00	

Place Order by: 05/27/21
 by 10 am

Delivery Date: 06/01/21
 Delivery Window: 2-4 pm

// Indicate in "Notes" how many
 vegetarian options are needed
 (ex: 2 veg each or all veg)

Delivery Location: _____

Contact Info: _____

Notes: _____

****Please have all orders adhere to a \$120.00/minimum**

PREPPED Kitchen
 c o m m i s s a r y :
 301 c. Main St.
 Suisun City, CA 94585
 o f f i c e :
 417 Mace Blvd. ste. J 210
 Davis, CA 95618
 preppedkitchen.com
 preppedkitchen@gmail.com
 ig: @preppedkitchen
 fb: /preppedkitchen



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Now offering BREAKFAST !!

We've been providing breakfast meal prep to our clients for nearly 10 years. We create tried & true breakfast classics as well as some PK originals, individually packaged for a quick heat-and-eat start to you day.

PK Meal Prep:

Individually packaged servings for one.

Available in Vegetarian or Traditional options.

Perfect for taking to work, & convenient for a quick lunch or dinner at home.

All meals are fully prepared and delivered chilled w/ heating instructions (ingredient list upon request).

This week's menu: Meal Prep

ITEM #	ENTREE	QUANTITY	PRICE	TOTAL
B	PK BREAKFAST BURRITO <i>13 inch flour tortilla wrapped around applewood smoked bacon, scrambled eggs, potato hashbrown, cheddar cheese, pico de gallo; served w/ salsa verde & sour cream</i>		\$13.95	
1	TACOS AMERICANOS <i>seasoned beef, flour tortillas, cheddar cheese, lettuce, sour cream & fire roasted salsa; served w/ black bean salad</i> <i>//Veg Option: Potato & Poblano Tacos</i>		\$13.95/ each	
2	THAI BASIL CHICKEN <i>minced chicken stir fried w/ thai basil & vegetables; served w/ steamed rice & green papaya-spinach salad</i> <i>//Veg Option: Thai Basil Tofu</i>		\$13.95/ each	
3	HERB ROASTED PORK LOIN <i>roasted pork loin marinated in dijon, garlic, & herbs topped w/ melted onion & sauteed apples; served w/ roasted potatoes & grilled asparagus</i> <i>//Veg Option: No Veg Option</i>		\$13.95/ each	
4	TOMATO-BASIL PASTA <i>angel hair pasta tossed w/ a light fresh tomato & basil sauce; served w/ a farmer's market salad & rosemary foccacia</i>		\$13.95/ each	
TOTAL	add this total in the MP line above			

****If ordering ONLY Meal Prep please meet a 10 meal minimum.**
If ordering in addition to our Family Style Dinner Delivery no minimum required.