



PREPPED KITCHEN

Corporate & Private Catering
 Private Chef Services
 Meal-Prep Subscriptions
 Nutritional Therapy Consultations



707.580.9678



This week's menu: **Family Style** serves **4-6 people**

ITEM #	ENTREE	QNTY	PRICE	TOTAL
1	CHICKEN TIKKA MASALA seasoned chicken braised in a house made tikka masala sauce; served w/ salted lime turmeric rice & tandoori vegetables //Veg Option: Chickpea Masala		\$42.95/ 4-6 servings	
2	ADOBO PORK LOIN W/ PEACH SALSA adobo marinated pork loin sliced & topped w/ peach salsa; served w/ herb roasted potatoes & blistered green beans //Veg Option: Adobo Tofu		\$42.95/ 4-6 servings	
3	CLASSIC SPAGHETTI & MEATBALLS house made meatballs in PK marinara sauce; served w/ al dente spaghetti & a farmer's market salad //Veg Option: No Veg Option		\$42.95/ 4-6 servings	
4	TOMATO BASIL TORTELLINI cheese tortellini w/ summer tomatoes, garlic & basil; served w/ balsamic spinach salad & rosemary focaccia		\$42.95/ 4-6 servings	
MP/B	Additional Meal Prep / Bakery			
TOTAL	add \$8 delivery fee to total	1	+\$8.00	

Place Order by: 07/29/21
by 10 am

Delivery Date: 08/03/21

Delivery Window: 2-5 pm
 // Indicate in "Notes" how many vegetarian options are needed (ex: 2 veg each or all veg)

Delivery Location: _____

Contact Info: _____

Notes: _____

****Please have all orders adhere to a \$120.00/minimum**

PREPPED Kitchen
 commissary:
 301 c. Main St.
 Suisun City, CA 94585
 off of f i c e e :
 417 Mace Blvd. ste. J 210
 Davis, CA 95618
 preppedkitchen.com
 preppedkitchen@gmail.com
 ig: @preppedkitchen
 fb: /preppedkitchen



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Now offering **BREAKFAST !!**

We've been providing breakfast meal prep to our clients for nearly 10 years. We create tried & true breakfast classics as well as some PK originals, individually packaged for a quick heat-and-eat start to you day.

PK Meal Prep:

Individually packaged servings for one.

Available in Vegetarian or Traditional options.

Perfect for taking to work, & convenient for a quick lunch or dinner at home.

All meals are fully prepared and delivered chilled w/ heating instructions (ingredient list upon request).

This week's menu: **Meal Prep**

ITEM #	ENTREE	QUANTITY	PRICE	TOTAL
B	NEW BREAKFAST BURRITO <i>13 inch flour tortilla wrapped around chili spiced breakfast sausage, house made potatoes w/ roasted green chilies, scrambled egg, cheddar, & pico de gallo; served w/ sour cream & salsa verde</i>		\$13.95	
1	CHICKEN TIKKA MASALA <i>seasoned chicken braised in a house made tikka masala sauce; served w/ salted lime turmeric rice & tandoori vegetables</i> <i>//Veg Option: Chickpea Masala</i>		\$13.95/ each	
2	ADOBO PORK LOIN w/ PEACH SALSA <i>adobo marinated pork loin sliced & topped w/ peach salsa; served w/ herb roasted potatoes & blistered green beans</i> <i>//Veg Option: Adobo Tofu</i>		\$13.95/ each	
3	CLASSIC SPAGHETTI & MEATBALLS <i>house made meatballs in PK marinara sauce; served w/ al dente spaghetti & a farmer's market salad</i> <i>//Veg Option: No Veg Option</i>		\$13.95/ each	
4	TOMATO BASIL TORTELLINI <i>cheese tortellini w/ summer tomatoes, garlic & basil; served w/ balsamic spinach salad & rosemary focaccia</i>		\$13.95/ each	
TOTAL	add this total in the MP line above			

****If ordering ONLY Meal Prep please meet a 10 meal minimum.**
If ordering in addition to our Family Style Dinner Delivery no minimum required.